



**Q: What is Fullerton School District's Performance Academy Sports Program?**

**A:** As a community, Fullerton has a long-standing history of developing collegiate and professional athletes and creating sports opportunities for its youth. This unique and innovative pilot program in the Fullerton School District provides a structure that advanced athletes and their families can use to keep students in traditional, robust, in-person learning in Fullerton School District classes without compromising their participation in advanced athletic training.

A primary goal of this Performance Academy is to offer a comprehensive range of opportunities designed to enhance whole-child athletic and social-emotional development through a blend of skills training, strategic thinking, character building, teamwork, and more. This will ultimately prepare young elite athletes for success on and off the field. An additional goal of the program is for students and their families to recapture more at-home time together with athletic training integrated into the regular school day.

**Q: Who is eligible to apply to participate in this Performance Academy?**

**A:** Currently, this program is available to students entering 6th, 7th, and 8th grades who are **advanced athletes** participating in, or who will be participating in, a qualifying sports training program or team. **[For a full list of the criteria, please click here.](#)**

**Q: How do I know if my student is considered an "advanced athlete"?**

**A:** If your student is currently participating in a qualifying sports training academy or program, they will be considered eligible to participate. In addition, if your student-athlete is nationally ranked in a sport, this would qualify them as an "advanced athlete." Alternatively, if you intend to enroll your student in a qualifying sports training academy, we will need confirmation of the training services provided.

**Q: What sports training programs are considered approved providers for**



**participation in FSD's Performance Academy?**

**A:** Currently, approved sports training providers include:

- [AIM \(Athletes in Motion\)](#)
- [Delta Sports Group](#)
- [FAST](#)
- [Proacademy](#)
- [ProPlay](#)
- [Redline Athletics](#)
- [ZT Prospects Academy](#)
- [Mather Dance](#)
- [KPOP Center](#)

**Q: How does this program work?**

**A:** FSD currently has an [Independent Study Physical Education program](#). The schedule for this Performance Academy is structured using this board policy and paves the way for in-person learning with sports training integrated into the school day.

[\*\*Please click here to access the Google Slides presentation with further details about this program.\*\*](#)

**Q: Where can I apply for my student to participate in FSD's Performance Academy?**

**A:** FSD is currently accepting waitlist applicants for consideration for the spring semester. [\*\*The Application can be accessed here.\*\*](#)

**Q: Do I have to pay money for my child to attend FSD's Performance Academy?**

**A:** FSD's Performance Academy aims to help families with advanced athletes continue to pursue their athletic goals while having access to a free, high-quality, in-person public education experience. More often than not, families end up with limited schooling options, such as charter schools or less robust online schooling. FSD's Performance Academy aims to provide families and their advanced student-athletes with an opportunity to receive a free, multifaceted, in-person public education experience without having to compromise their sports training.

Accordingly, there are no costs charged by or fees due to FSD to participate



in its Performance Academy. There may, however, be membership costs and fees associated with the sports training program and/or athletic team participation that families have their student-athletes enrolled in.

**Q: Is Delta Prep Academy the only sports provider my child can attend to participate in FSD's Performance Academy?**

**A:** As long as a student's sports training meets FSD's eligibility criteria, a family may apply for their student-athlete to participate in FSD's Performance Academy Program. Delta Prep is our first provider to have a Memorandum of Understanding with us to have some sports training occur on our campus and will ensure transportation to and from Parks JHS.

We will continue to see if other sports academies would be interested in collaborating with FSD to ensure transportation to and from Parks Junior High.

**[See more information about eligible programs here.](#)**

**Q: Who are other current providers with FSD Performance Academy?**

**A:** Pre-Approved Providers (This is an evolving list, and our [website](#) will be updated with collaborators as we include more):

- [Delta Sports Group](#)
- [FAST](#) (Fullerton Aquatic Sports Team)
- [Mather Dance](#)
- [Procademy](#)
- [ProPlay](#)
- [Redline Athletics](#)
- [ZT Prospects Academy](#)

**Q: What criteria make a sports training academy considered to be eligible for participation in FSD's Performance Academy?**

**A:** The minimum criteria for a sports training program is the following:

- The program must engage student participants for a minimum of 90 minutes at least four days a week (weekend events not included), in physical activity and must support personal growth, promote healthy living and physical activity as lifelong goals, and follow the state's content standards in physical



education. Total hours of participation during the week must be at least 7.5 hours a week.

- The program must be structured sports training programs taught by specialized individuals responsible for supervising, documenting, and verifying student participation, progress, and performance.
- The program must begin sport training/conditioning at least one period before the end of the school day.
- Programs must agree to enter FSD's Performance Academy ISPE Agreement, including goal setting and attendance tracking.

**Q: Can my student receive a scholarship to participate in Delta Prep Academy's programs?**

**A:** Your student may be eligible to qualify for a scholarship with Delta Prep Academy or an alternative sports training program.

Please contact FSD's Educational Services team through Maria Diaz at [maria\\_diaz@myfsd.org](mailto:maria_diaz@myfsd.org) or (714) 447-7709.

**Q: How will transportation to Delta Prep or other sports academies work?**

**A:** Currently, families participating in Delta Prep will be able to drop off at the student's school of attendance (Rolling Hills or Parks). Pick-up will be at Parks Junior High.

Please note that students training in the Delta Prep program will be transported from Rolling Hills Elementary School to Parks Junior High for training, as well as two days off-site for strength and conditioning at Delta Prep's training facility in Irvine.

Additionally, student-athletes participating in **basketball** training through Delta will be transported Monday through Thursday to Delta's off-campus training Site. These students will return to Parks Junior High between 4PM and 4:15PM.

*\*If your student-athlete is enrolled in a sports program outside of Delta, transportation would need to be arranged by you or the sports training program your child attends.*



**Q: How many students will be accepted into FSD's Performance Academy?**

**A:** FSD will accept as many students into the program as it has the capacity to support.

**Q: Why is this program only being offered at Parks Junior High and Rolling Hills Elementary Schools?**

**A:** As this is a pilot program, we are measuring interest and scalability through these two campuses.

**Q: Can my student-athlete take weight training as their one on-campus elective?**

**A:** Yes, your student-athlete can take weight training as an on-campus elective.

**Q: Do I need to complete an Intra-District Transfer Request when applying to this program?**

**A:** No. If your student is currently enrolled in the Fullerton School District, acceptance into the Performance Academy counts as your approved transfer for your student.

**Q: Do I need an Inter-District Transfer Request if my child is currently attending a private, charter, or home school?**

**A:** No, but you must send a copy of proof of attendance at the private, charter, or home school. **\*Note, INTER-District transfers will be required for all others.\***

**Q: Can I request to retain my child for a High School Prep year under the FSD Performance Academy Sports Program?**

**A:** FSD has an existing school policy on High School Prep retention, which would be strictly followed. Accordingly, your child would need to meet retention criteria, such as not being at grade level on state Smarter Balanced Assessment System (SBAC) tests or other metrics outlined in the policy.

Please contact FSD's Educational Services team through Maria Diaz at [maria\\_diaz@myfsd.org](mailto:maria_diaz@myfsd.org) or (714) 447-7709.